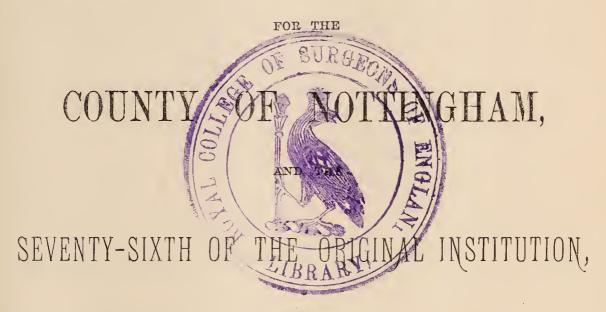
### THE

### TWELFTH ANNUAL REPORT

OF THE STATE OF THE

### LUNATIC ASYLUM,



FORMERLY

### THE GENERAL LUNATIC ASYLUM,

1886.

### SOUTHWELL:

JOHN WHITTINGHAM, PRINTER, QUEEN STREET.

1887.

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### COMMITTEE OF VISITORS

For the Year 1887,

APPOINTED BY THE JUSTICES OF THE COUNTY OF NOTTINGHAM.

### ALBERT HEYMANN, ESQ., CHAIRMAN.

THE RIGHT HON. EARL MANVERS.

THE RIGHT HON. VISCOUNT NEWARK, M.P.

REV. T. C. CANE.

H. SHERBROOKE, ESQ.

J. T. EDGE, ESQ.

J. L. FRANCKLIN, ESQ.

H. V. STORY, ESQ.

G. C. ROBERTSON, ESQ.

L. M. PARKINSON, ESQ.

G. H. FILLINGHAM, ESQ.

### OFFICERS:

TREASURER:

HENRY ABEL SMITH, ESQ.

RESIDENT PHYSICIAN AND SUPERINTENDENT:

ALFRED APLIN, L.R.C.P., LOND., M.R.C.S., ENG.

CHAPLAIN:

REV. A. P. WOODHOUSE.

ASSISTANT MEDICAL OFFICER:

MR. ARTHUR LOFTHOUSE, M.R.C.S., ENG., L.S A., LOND.

CLERK:

MR. SAMUEL BUNTING.

STOREKEEPER:

MR. WILLIAM HUSBANDS.

HOUSEKEEPER:

MRS. E. LEE.

### 1886.

### REPORT

OF THE

### COMMITTEE OF VISITORS

OF THE

LUNATIC ASYLUM AT SNENTON, NOTTINGHAM.

To the Court of Quarter Sessions for the County of Nottingham.

In compliance with the requirements of the Statute, the Committee present their report of the condition of the Asylum for 1886, and are pleased to be able to state that the general management has been satisfactory, and the financial position remains good.

The number of patients at the end of the year was 321 being 9 less than at its commencement.

The 321 patients are chargeable as follows:—

To Unions in the County of Nottingham , County of Nottingham	M.  126 1 0 6 13 3 3	F.  140 0 16 5 2 1	T.  266 1 16 11 18 5 4
	152	169	321

The weekly charge for the year has been 9/- for County patients; Private and Out-County patients are charged 14/-

Much attention has been paid to the Fabric and to the Steam and Water supply pipes, but the expenses will be less than last year, and will be partly covered by the profit made upon the Out-County patients and non-contributing boroughs which amounts to £459 10s. 1d.

The Lady Middleton Fund had a balance in the current account slightly exceeding £100, which has been transferred to the capital of the fund thus raising the annual income to about £20—thus charity is found to be of the greatest benefit to convalue to patients.

The general rules of the Asylum have been revised and approved by your Committee, these rules will be submitted to the Home Secretary for his approval.

During the year the Members of the Committee have frequently visited the Wards of the Asylum, and have found the condition of the patients satisfactory.

The Committee conclude their report by expressing their satisfaction with the way in which the welfare of the patients and the interests of the Institution have been attended to by Dr. Aplin and the whole of the Staff.

A. Heymann,

CHAIRMAN.

20th January, 1887.

### REPORT

OF THE

### MEDICAL SUPERINTENDENT.

MR. CHAIRMAN, MY LORDS, AND GENTLEMEN,

I beg to submit a brief report of the Nottinghamshire Asylum for the year 1886 and to append thereto the usual statistical tables.

The patients at the commencement of the year numbered 330; viz., 159 males and 171 females, and at its close 321—viz., 152 males and 169 females. These changes of population were caused as follows:—Admitted 37—34—71, Discharged 19—22—41, Died 25—14—39.

The average number of patients daily resident in the Asylum was, for the year, 161—168. Total 329.

Of the Admissions it is necessary to report that they were more equally divided as to sex than last year, and numbered 37—34—71. The bodily health (and probable duration of life) was very poor amongst the males admitted, but of the average character amongst the females.

The Discharges comprised 12--15-27 "Recovered," 6-5-11 "Relieved," and 1-2-3 "Not Improved." The recoveries are a little below the average for the males; but this was to be expected from the hopeless nature of the disease in so many of the males admitted. Amongst the females the rate has been just about the average for the females throughout the County and Borough Asylums of England. The number of cases remaining which are "deemed curable" is very small indeed.

The Deaths numbered 25—14—39 and show a remarkable disparity between the sexes:—the rate being very high amongst the males and below the average for the women. This disparity is not due to any difference between the condition of life or surroundings of the two sexes whilst in the Asylum, nor to any difference in the amount of care and attention bestowed upon either sex; but appears to be entirely due to the hopeless condition in which so many of the men were admitted. A considerable proportion of these were obviously when examined on admission beyond hope of amendment, and their probable duration of life evidently was very short. Of the twenty-five men who died nine lived less than a year after admission and their average duration of residence amounted to only  $4\frac{1}{2}$  months. The duration of residence in the Asylum of the remaining 16 men exceeded seven years. Amongst the women only one failed to live a year in the Asylum after admission and she was over 81 years of age: the remaining thirteen women's average length of residence in the Asylum exceeded eleven years. The average age at death of all the males exceeded 52 years and of all the females 55 years: these averages include and are reduced by the deaths of two male and one female epileptic children who died aged 10, 14 and 12 respectively.

man and four women died after having resided here for periods exceeding 29, 20, 20, 26 and 28 years respectively. Of the causes of death nothing need be said except that they were such as one would expect to find amongst an insane population and comprised a variety of forms of Disease of Brain and Nervous System, and some of the common forms of heart and lung disease.

No death resulted from acute specific fever nor has there been any illness from such diseases as scarlet fever, smallpox, typhoid, &c., during the year. This is a matter for much gratitude as the "spreading" fevers are extremely difficult to deal with in an Asylum, and cause great anxiety and expense as well as a troublesome disturbance of the routine of the establishment.

The Causes of the Insanity in those admitted do not differ greatly from those commented on in previous years Of the 71 patients admitted 22 had previously suffered one or more attacks of Insanity, although not all of these had been previously in an asylum. In thirty-two of the cases Hereditary predisposition was traced; in sixteen intemperance in Drink was regarded as a sole or combined cause; and in other cases drinking habits although discovered were believed to be the result rather than the cause of the insanity. Of the moral causes Mental Worry, Adverse Circumstances, and Domestic Trouble are the most active and are often found in combination with Physical Causes. Bodily disease is very generally found to be present either as sole or part cause of the insanity or a troublesome complication.

As I predicted in my last report the cost of Water has very largely increased during the present financial year; but

a still larger increase would have occurred had not a special apparatus been devised by which the rain water from the cistern in the Basement of No. 1, on the male side, could be largely utilized for sanitary and cleansing purposes before having recourse to the town supply. This alteration affects the accounts of the latter half of the financial year.

A good deal of attention and labour has been requisite to keep the water, steam and gas supply pipes in repair; and much old and worn piping has been replaced by new. Boarded floors in M. 5 and M. 2 have been laid, in place of the old plaster flooring; and a new drain has been laid under F. 1. A new fire alarm bell has been added. New rooffing provided for the Joiner's shop and Gardener's tool house. In the spring the Annual Whitewashing throughout the Asylum was effected. The monthly fire drills are continued.

One child has been born in the Asylum during the year. Her mother was pregnant on admission. The infant was sent when about 5 weeks old to the Basford Workhouse and the mother remains in the Asylum.

Attendant William Smith, who was granted a retiring pension on 4th June last year, died on the 14th May in this; he did not live to receive a complete year's payment.

Having regard to our present pecuniary position, with a large balance in hand (the result of economical administration), I think the Committee wlll be quite able to reduce the weekly charge for County paupers to 8/6 per week. This will not cover the cost of the maintenance, but the deficiency would cause a reduction in the unnecessarily ample, although

very pleasing, balance at the Bankers. The reduction to 8/6 will be welcomed by the contributing Unions at the present time when there is so much depression in Agriculture and other forms of commercial industry.

Both indoor and outdoor work and recreation continue to be encouraged amongst patients of both sexes. My thanks are due to the Police Band, the St. Mary's Minstrels, and others for musical and dramatic entertainments; also to the Rev. A. P. Woodhouse for gifts of flowers from his "flower services," and to Mrs. Barclay for her annual contribution of Christmas cards and letters which are given one to each patient and servant on Christmas Day.

There has been no change in the staff of officers; and very few indeed on the Male side amongst the attendant and servants;—only one man employed in the Asylum counts less than 12 months' service now. On the Female side the changes have been more frequent, but this is not unusual in Asylums.

With very few exceptions the conduct of the attendants and servants has been good, and their attention to their duties commendably intelligent and assiduous. I think a practical evidence of this is seen in the fact that there has been no death by suicide nor any serious accident although the number of suicidal and dangerous patients is considerable; and in many cases these unhappy propensities have appertained to an unusually determined and persistent degree. No coroner's enquiry has been requisite.

My thanks are due to my Medical colleague and to all others who have willingly, cordially and honestly done the work of their respective departments and have thereby successfully promoted the welfare of the Asylum, and the comfort, health and safety of the patients.

In conclusion I beg to thank the Committee for their continued confidence and goodwill; and I have the honour to be

Mr. Chairman, my Lords, and Gentlemen,
Your obedient Servant,

Alfred Aplin.

JANUARY 20TH, 1887.

### REPORT

OF THE

### COMMISSIONERS IN LUNACY.

NOTTINGHAM COUNTY ASYLUM,

April 19, 1886.

The patients on the books this day are 336 in all, 169 of these being males. Since our colleagues were here about 10 months ago 45 men and 25 women have been admitted, 7 men and 15 women have been discharged on recovery, and 3 men and 5 women "relieved" or "not improved." the patients on the books 278 belong to the County and County Unions, 17 to Nottingham, 14 to Newark, 19 to Derby, 5 are Private Patients, 2 Criminals, and one is an out County patient. The charge for County patients is 9/6, for Nottingham Borough 12/-, and for the remainder 14/weekly. One patient, a female private patient, is absent on trial, the remainder have all been seen by us. We went over the whole of the buildings occupied by patients and visited the Laundry, Kitchen, Stores, Offices, Workshops, &c., where we saw the patients usefully employed, and can report favourably of their behaviour, dress, and general health. The wards were clean and in proper order. majority of the dormitories were free from unpleasant smells, but in 6 and 7 female dormitories, attention is required to the closets, sinks, &c., which, we were told, were always offensive. The general Sanitary arrangements are not such as would be found in a more modern Asylum, and the difficulty of guarding against the escape of sewer gas is enhanced by the great number of rats investing the Asylum, which eat through the leaden pipes placed inside the building, and thus allow the noxious vapours to escape. We commend

this subject to the early attention of the Committee. Should the trade of Nottingham improve, it might then be possible for the Asylum land to be sold for building sites, and the Asylum removed into the County, and then it would be easy to remedy many defects now existing, such as insufficient w.c. accommodation, inadequate Store rooms, unsuitable flooring, and ensure the night supervision of the epileptic and suicidal patients being absolutely continuous. Amongst matters referred to by our Colleagues at their last visit, we have to report that the women now have 2 changes of linen every week, and that a supply of Millar's tell tale clocks have been ordered to prove the due performance of the patrolling the buildings which is done by one night attendant on either side. As the matter is at present, it is possible for the night nurse never to go into the infirmary and yet escape detection. We saw 2 patients of each sex in bed, and under medical treatment are recorded the names of 67 patients. The Deaths have been 35.21 in the male division. The rate of mortality continues higher than the average in County Asylums. In 1885 it was 12.20 per cent. upon the daily number resident, and about this rate per annum has been maintained since the Commissioners last visit. The principal causes of death have been General Paralysis, other forms of Brain disease, and diseases of the lungs and heart. There has been no death from exceptional disorder, and no fatal The Coroner held no inquest. We casualty or suicide. regret to find post mortem examinations were made in 18 instances only. The Medical Journal contains no entry of mechanical restraint, but one man and 4 women are recorded as having been secluded, the man on 9 occasions for a total of 88 hours, one woman 28 times for 273 hours, another woman 9 times for 95 hours, and the other women, once each for short periods. All in residence had opportunity of telling

us their grievances, but nothing worthy of mention was brought to our notice. A good dinner was supplied in either division, which was neatly served and much liked. The attendants are 21 in each division by day and 2 by night. The average duration of service of the male attendants is remarkable, only 4 having had less than 2 years experience, whilst on the female side no less than 14 have not yet attained that length of service. Artizans still visit the female wards with keys served out to them on application to the head female attendant, but we have pointed out Mr. Aplin what we consider the safer course to pursue, and advised him to adopt it in future. The epileptics are 51 and the actively suicidal are 27, the whole of the former class and all but two of the latter sleep in the dormitories of their respective side where an attendant sits up throughout the night. About 130 patients attended Divine Service yesterday, and over 140 were present at the associated entertainment last week. A fair number of patients are taken weekly beyond the grounds, and with few exceptions all go frequently for exercise in the grounds in front of the Asylum. The proportion of patients employed is good, and the Gardener informs us that if he had more land he could employ more patients, but that, with the limited area 40 men are all he can usefully set to spade labour—45 are ward cleaners only, the remaining 16 being engaged at trades &c. Twenty-six women work in the Laundry, 30 assist in the wards, 3 are employed in the Kitchen, and 24 do needlework. Many small improvements tending to promote the comfort of the patients in the sanitary condition of the Asylum have been completed since the last visit, but we must specially mention the wood flooring laid down in Male 6 and 3. We hope this may be done in many more of the wards, and on both sides. The general arrangements are creditable to Mr. Aplin as Medical Superintendent.

W. E. Frere, Commissioners

John D. Gleaton, Luxacy.

### APPENDIX.

### TABLE I.

SHEWING THE ADMISSIONS, DISCHARGES, AND DEATHS
DURING THE YEAR 1886.

				М	F	T
In the Asylum on the 1st January,	1886	• • • •	• • • • •	159	171	330
	M	F	T			
Admitted since for the first time Re-admitted	29	30 4	59 12			
Total admi	tted.	• • • • •	• • • •	37	34	71
Total under treatment during the ye			• • • •	196	205	401
DISCHARGED OR REMOVE	D.					
	М	F	т			
Recovered	12 6 1 25	15 5 2 14	27 11 3 39			
Total discharged and died during the	year	• • • •	• • • •	44	<b>3</b> 6	80
Remaining in the Asylum, 31st Dece			1	152	169	321
Average number resident during the	year	• • • •		161	168	329

TABLE II.

### SHEWING THE ADMISSIONS, RE-ADMISSIONS, AND DISCHARGES,

From 1st January 1856, to the present date 31st December 1886.

				M	P	Т
Brought forward from prev 31st December, 185				120	110	230
Admitted during the period	of <b>31 y</b>	ears .		1346	1325	2671
Re-admitted			• • • • •	267	258	525
Total of	Cases a	admitte	d	1733	1693	3426
	M	F	т			
Discharged or removed						
Recovered	520	627	1147			
Relieved	222	273	495			
Not improved	121	77	198			
Died	718	547	1265			
Total discharged and died	d durin	g the 3	1 years	1581	1524	3105
Remaining 31st December, 18	386	• • • • •		152	169	321
Average number resident dur	ring the	e 31 yea	ars			333.39

TABLE III.

Shewing the Admissions, Discharges and Deaths; with the mean Annual Mortality; and proportion of Recoveries per Cent of the Admissions for each Year since 1st January, 1856

ge of	aver-			7.86 9.62 10.17 10.17 11.8 11.8 12.26 12.26 12.27 12.24 11.28 11.28 11.28 11.28 11.39 11.38 11.3	77.11
Per centage of	Deaths on average numbers Resident	F		12.77 17.80 11.79 11.79 11.79 12.33 12.74 13.10 13.10 10.73 10.73 10.73	
Per c	Deatl age R	M		1.0.7.7.4.4.1.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0	
		E	;	33.70 32.55 31.35 30.46 30.46 30.46 30.46 30.46 30.46 30.17 30.18	
	entag zeries missi	F	<u>-</u>	88824484484848888844848484888884488888448888	
	Per centage of Recoveries on all Admissions	×		33.33 34.11 33.70 24.32 38.77 32.55 40.00 23.72 31.35 40.00 23.72 31.35 25.00 40.90 30.46 36.20 45.00 39.79 23.18 28.84 25.61 25.83 41.86 43.95 48.00 32.43 41.37 32.43 44.23 39.32 34.31 34.48 38.53 36.53 48.00 42.16 32.43 41.23 39.32 32.54 50.98 41.05 34.21 23.72 27.95 34.21 23.72 27.95 34.21 23.72 27.95 34.21 23.72 27.95 34.21 23.72 27.95 32.83 40.30 36.57 32.83 40.30 36.37 32.83 41.37 32.74 53.70 31.89 32.74 53.70 31.89 32.74 53.70 31.89 32.78 42.36 38.33 33.33 51.28 41.37 34.09 26.98 29.90 36.76 39.43 36.36 32.76 53.60 38.46 34.10 50.00 46.34 32.43 44.12 38.03	
		=		216.17 35 255.60 46 255.60 46 256.38 20 8 256.38 20 8 20 8 20 8 20 8 20 8 20 8 20 8 20	333.39
-	umbe en <b>t</b>	-		216.17 239.08 225.60 226.38 226.38 226.38 320 320 320 321 321 322 323 324 324 325 336 338 338 338 338 339 339 339 339	333
	Average Numbers Resident	Ħ		180 190 195 195 202 202 202.46 205.21 205.21 205.21 188 188 187 177 168	
	Avera	M		163 160.06 151 171 170 179 186.70 189 189 189 189 189 189 189 189 189 189	
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	। ਰ	M		111 222 242 252 252 253 253 253 253 253 253 253 25	718
	Notimproved	H		82448212440111201120228824482484188	198
	timl	F		82 8 8 8 8 6 1 1 8 0 1 0 1 0 1 0 0 0 0 1 1 3 1 3 2 3 8 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3	77
3D	Z_	N.			9 121
DISCHARGED	Relieved	F		20 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	7 489
SCH,	Reli	M		25,22,3 26,24,25,20 10,10 1	267
DI		T		230 230 230 230 230 230 230 230	1146 222
	Recovered	<u> </u>		21222222222222222222222222222222222222	632 11
	Rec	N		152 223 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	514 6
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	YEAR.	•	ard fr		ges for
	YE	c	forwa		averages
		,	Brought forward from		8
		ç	Brc		Totals

TABLE IV.

Shewing the History of the Annual Admissions from the 31st December, 1868, with the Discharges and Deaths, and the numbers of each year remaining on the 31st December, of the year reported on.

and Died, in 1886. Total Discharged and Died of each Year's Admissions Remaining of each to December 31st, 1886.	Relieved Not improved Died Admissions Dec. 31, 1886	T M F T M F T	7         21         38         97         97         194         19         11         30           1         2         27         13         40         2         8         10           2         6         8         34         21         55         6         5         11         30           4         1         5         31         14         45         3         1         4         10         10         10         10         10         10         10         10         10         10         10         28         1         2         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         4         7         2         3         3         4         7         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         4         4         4         4         4         4         4         4         4         4         4         4         4
Total Discharged and Died of each Year's Admissions to December 31st, 1886.	Not improved Died	M F T M F T M	21         38         97         97         194         19           1         2         27         13         40         2           6         8         34         194         19         2           6         8         34         16         40         1           2         1         24         16         40         1           2         3         1         44         5         6         6           2         1         28         24         52         1         2         1         2         1         2         1         3         2         1         3         2         1         3         3         3         3         3         3         3         3         3         3         3         4         4         1         1         1         1         1         4         4         1         1         1         1         1         2         1         1         2         1         1         3         1         1         1         1         1         1         1         1         1         1         1         1         1
Total Discharged and Died of each Year's Admissions to December 31st, 1886.	Not improved Died	M F T M F T	21 38 97 97 194 0 1 24 16 40 6 8 34 21 55 1 24 16 40 6 8 34 21 55 2 9 28 24 52 2 11 22 20 42 2 11 22 20 42 1 1 2 10 10 29 1 3 25 13 38 4 10 9 18 27 0 2 10 15 25 0 3 18 19 37 0 0 27 10 37 0 0 5 0 5
1 1	Not improved	M F T M F	21 38 97 13 1
1 1	Not improved	M F T	21 38 0 0 1 1 2 1 2 2 2 2 2 2 2 3 3 4 4 1 1 2 2 2 3 3 4 4 1 1 1 2 2 3 3 4 4 1 1 1 1 2 2 3 3 4 4 1 1 1 1 1 1 2 2 3 3 4 4 1 1 1 1 1 1 2 2 1 1 1 1 1 1 1 1 1 1 1 1 1
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1 1	Recovered	H	11.7 22.2 22.2 22.2 22.2 22.2 22.2 23.2 24.1 25.2 25.2 25.2 25.2 25.2 25.2 25.2 25
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Adr		M	000000000000000000000000000000000000000
ear's	red	H	000000000000000000000000000000000000000
he Y	Recovered	ഥ	000000000000000000000000000000000000000
Of t	ğ	M	000000000000000000000000000000000000000
	Lotal.	[_ ]	354 110 1110 1119 1116 1134 85 1116 1107 1107 1110 130 82 82 82 82 82 82 82 82 82 82 82 82 82
d.	Relapsed Cases	Ħ	7. 6. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.
Admitted.	Rela Ca	M	0802777411800804420808
Adi	3es	Pu	186 41 48 47 51 51 52 52 63 63 63 63 84 41 40 83 83 83 83 83 83 83 83 83 83 83 83 83
	New	×	168 50 45 46 60 60 60 50 50 74 74 74 70 70 83 83 83 83 83 83 83 83 83 83 83 83 83
			Bronght forward to 31st Dec. 1868 1870 1871 1872 1873 1874 1875 1875 1876 1877 1878 1878 1881 1881 1882 1883 1884 1885 1885

Summary of Admissions for 31 Years, with Cases brought forward.	Male	Female	Both Sexes
Per centage of Cases Recovered "" Relieved "" Not Improved "" Eemaining	30.01 12.81 6.98 41.43 8.77	37.03 16.13 4.55 32.31 9.98	33,48 14 45 5.78 36.92 9.37
	100.00	100.00	100.00

### TABLE V.

### SHEWING THE CAUSES OF DEATH DURING THE YEAR

CAUSES OF DEATH.	M.	F.	т.
General Diseases A  ,, ,, B  Phthisis ,, with Apoplexy	2 0	2	4 1
Local Diseases. Diseases of the Nervous System—  Epilepsy  ,, with Senile decay ,, with Acute Bronchitis  Chronic Cerebral Softening ,, ,, with Apoplexy ,, ,, with Eczema ,, ,, with Senile Decay ,, ,, Sclerosis with Heart Disease General Paralysis of the Insane ,, ,, with Apoplexy ,, ,, with Apoplexy ,, ,, with Tertiary Syphilis.	2 0 0 1 1 1 0 1 6 2 1	1 1 1 1 0 0 2 0 1 0 0	3 1 1 2 1 1 2 1 7 2
Lung Diseases— Chronic Bronchitis, ,, with Senile Decay, ,, with Fatty Degeneration of Heart  Acute Pneumonia ,, ,, with Bronchitis	1 1 1 1 0	0 1 0 0 1	1 2 1 1
Heart Disease (Aortic valvular), ,, (Fatty Degeneration of), ,, and Syncope, ,, with Emphysema & Bronchitis, ,,,,,,, & Anasarca, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	0 0 1 1 1 1 1	1 0 0 0	1 1 1 1 1 1
Total	25	14	39

TABLE VI.

Shewing the length of Residence in those Discharged and who have Died during the Year.

Length of Residence	Re	cover	ed		Died			eved o	
	M	F	Т	M	F	Т	M	F	Т
Under 1 month	0	0	0	2	0	2	0	0	0
From 1 to 3 months	0	4	4	0	0	0	1	1	2
,, 3 6 ,,	3	5	8	5	1	6	1	0	1
$,, 6-9,, \ldots$	2	1	3	0	0	0	1	0	I
$,, 9-12,, \dots$	2	1	3	2	0	2	1	0	1
,, 1 — 2 years	1	2	3	3	2	5	3	3	6
,, 2 — 3 ,,	2	0	2	4	1	5	0	1	1
,, 3 — 5 ,,	2	2	4	1	1	2	0	0	0
,, 5 — 7 ,,	0	0	0	2	1	3	0	1	1
,, 7 — 10 ,,	0	0	0	1	3	4	0	0	0
,, 10 — 15 ,,	0	0	0	3	1	4	0	0	0
,, 15 — 20 ,, ···	0	0	0	1	0	1	0	0	0
<b>,</b> 20 — 30 <b>,</b>	0	0	0	1	4	5	0	1	1
			,						
Total	12	15	27	25	14	39	7	7	14

TABLE VII.

Shewing the duration of the Disorder on Admission in the Admissions, Discharges, and Deaths, during the Year.

	Dur	ation	of I	Disor	der c	n A	dmiss	ion i	n the	e Fou	ır Cl	asses	
					Th	e Dis	schar	ges					
° CLASS.		The Admissions			Recovered			Removed, Relieved, or otherwise			The Deaths.		
FIRST CLASS:	M	F	T	M	F	T	M	F	Т	M	F	Т	
First attack and within three months on admission	13	11	24	2	7	9	1	5	6	9	5	14	
SECOND CLASS: First attack above 3 and within 12 months on admission	6	6	12	3	1	4	2	1	3	6	1	7	
THIRD CLASS: Not first attack and within 12 months on admission	7	7	14	6	4	10	1	0	1	4	2	6	
FOURTH CLASS: First attack or not but of more than 12 months on admission	6	8	14	0	3	3	2	1	3	4	4	8	
Not ascertained	3	0	3	1	0	1	1	0	1	1	2	3	
Congenital	2	2	4	0	0	0	0	0	0	1	0	1	
TOTAL	37	34	71	12	15	27	7	7	14	25	14	39	

TABLE VIII.

Shewing the Ages of the Admissions, Discharges, and Deaths during the Year.

					Th	e Dis	schar	ge <b>s</b>					
AGES.	The Admissions			Recovered			Removed Relieved or otherwise			Γ	The Deaths		
	M	F	т	М	F	Т	M	F	т	M	F	т	
From 1 to 10 years 10 ,, 15 ,, 15 ,, 20 ,, 20 ,, 30 ,, 30 ,, 40 ,, 40 ,, 50 ,, 50 ,, 60 ,, 60 ,, 70 ,, 70 ,, 80 ,, 80 ,, 90 ,,	0 0 4 1 7 6 9 7 3 0	1 0 1 7 8 5 6 5 1 0	1 0 5 8 15 11 15 12 4	0 0 1 1 5 1 1 2 1 0	0 0 0 3 4 0 6 1 1	0 0 1 4 9 1 7 3 2 0	1 1 0 0 1 0 0 3 1	0 0 0 2 1 2 0 0 2	1 1 0 2 2 2 2 0 3 3 0	0 2 0 0 2 6 5 6 4 0	0 1 0 2 1 1 1 3 3	0 3 0 2 3 7 6 9 7 2	
Total	37	34	71	12	15	27	7	7	14	25	14	39	

TABLE IX.

Conditions as to Marriage in the Admissions, Discharges, and Deaths, during the Year.

					Th	e Dis	schar	ges					
Condition in reference to Marriage	The Admissions			Re	Recovered Removed Relieved or otherwise						The Deaths		
	M	F	Т	M	F	Т	M	F	Т	M	F	Т	
Single Married Widowed Not Ascertained	10 23 4 0	13 16 5	23 39 9	$\begin{bmatrix} 4 \\ 7 \\ 1 \\ 0 \\ \end{bmatrix}$	3 9 3 0	7 16 4 0	$\begin{bmatrix} 2\\4\\1\\0\\ \end{bmatrix}$	2 4 1 0	4 8 2 0	7 14 4 0	8 4 2 0	15 18 6	
TOTAL	37	34	71	12	15	27	7	7	14	25	14	39	

TABLE X.

Shewing the probable Causes, apparent or assigned, of the Disorder, in the Admissions (37 - | - 34 = 71).

			$\mathrm{Th}$	ie A	dmi	ssio	ns			
CAUSES OF INSANITY.		dispo Cause			citir ause		or I C whe	tispo Excit ause re th inot nguis	ing , nese be	AI.
MORAL.	M	F	T	M	F	T	M	F	Т	TOTAL.
Domestic Trouble (including loss of relatives and friends)				4	3	7				7
Adverse Circumstances (including business anxieties and pecu-	• •		• •	4	1	5		• •		5
miary difficulties)			• •	4	6	16				10
heads A and B) and Overwork. Religious Excitement D Love Affairs (including seduction) E		• •		• •	2	2	• •			2
Fright and Nervous Shock	3	1	4	8	2	$\begin{vmatrix} 2 \\ 12 \end{vmatrix}$				16
, Sexual					2	2				2
Self-abuse (Sexual)		• •		2	1	$\begin{vmatrix} 2\\1 \end{vmatrix}$			• •	2
Sunstroke				2	1	$\begin{vmatrix} \cdot \cdot \\ 2 \\ 1 \end{vmatrix}$				2
Parturition and the Puerperal State N2 Lactation			• •		6	6				6
Uterine and Ovarian Disorders O Puberty P1 Change of Life P2					$\begin{vmatrix} 1\\1\\3 \end{vmatrix}$	$\begin{vmatrix} 1\\1\\3 \end{vmatrix}$				1 1 3
Fevers				4	2	6				6
Old Age	11		22	$\begin{vmatrix} 1 \\ 3 \end{vmatrix}$	1 5	$\begin{vmatrix} 2\\8 \end{vmatrix}$	1			$\begin{bmatrix} 6 \\ 8 \\ 22 \end{bmatrix}$
Previous attacks	17	15								32
Other ascertained causes			• •	1	1	2			• •	2
TOTAL			-	-						142
Epilepsy was a complication in			. M	0	F 5	T		ases	,	
General Paralysis existed in Having Phthisical family history	• • •	• • • •	• (	7 7	1 4 3	1	1	"		
Having family history of Intemper Having suicidal propensity	ran	ee .	. 18	5 5	16	3]	3	"		

### TABLE XI.

### GENERAL STATEMENT OF ADMISSIONS, DISCHARGES, &c. COMMENCING AT THE TIME OF THE UNION BETWEEN THE COUNTY AND THE BOROUGH,

ON 31st DECEMBER, 1855.

(For the Statistics from the Opening of the Asylum on February 12th, 1812, up to 31st December, 1855, see former Reports.)

Note.—For 1879 and succeeding years the recoveries are calculated upon the admissions, exclusive of transfers from other Asylums.

_		-									
	Year	Number of Admissions	Recovered	Relieved and Removed	Died	Remaining December 31st	Total under Treatment	Daily Average Resident	Per Centage of Recoveries on Admissions	Per Centage of Deaths on Daily Average	Per Centage of Deaths on Total Number under Treatment
	1856 1857 1858 1859 1860 1861 1862 1863 1864 1865 1866 1867 1868 1869 1870 1871 1872 1873 1874 1875 1876 1876 1877 1878 1879 1880 1881 1882 1883 1884 1885 1886	89 86 114 128 98 121 91 87 89 109 102 95 93 104 110 119 116 134 86 116 124 87 85 99 107 110 140 130 82 74	30 28 36 39 31 40 36 35 42 43 39 26 30 40 45 35 49 37 47 36 29 30 32 40 50 50 50 50 50 50 50 50 50 50 50 50 50	49 11 40 60 5 21 4 10 11 8 11 19 9 44 6 9 8 33 16 26 22 7 7 7 11 163 6 13 18 14 18 14	17 23 26 27 41 39 37 38 40 41 42 43 42 43 44 42 43 47 49 52 50 30 26 40 58 41 39	223 247 259 261 274 304 314 317 320 338 344 345 361 373 379 388 390 398 398 390 398 280 398 355 359 344 355 359 344 355 359 359 369 379 389 389 389 399 399 399 399 399 399 39	319 309 361 387 359 395 401 406 429 440 439 431 458 455 480 489 513 474 496 514 485 478 489 505 390 458 441 418 401	216.17 239.08 255.60 256.38 268.83 293 305 320 326 335.48 347 337.38 343 339 353 366 370 381 393.17 390.41 392.16 394 393 393 359 307 344 359 355 336 329	33.70 32.55 31.35 30.46 39.79 25.61 43.95 41.37 39.32 38.5 42.16 41.05 28. 28.84 36.36 37.81 30.17 36.57 45.34 31.89 37.90 41.37 34.11 30.30 35.55 37.73 38.46 39.37 47.50 40.27 38.57	7.86 9.62 10.17 10.53 15.25 13.31 12.13 11.8 12.26 12.22 12.07 12.74 11.5 13.59 14.48 18.10 11.28 9 91 11.01 11.98 12.43 13.23 12.72 8.35 8.46 11.63 16.15 12.67 12.20 11.85	5.32 7.44 7.20 6.97 11.42 9.87 9.34 9.47 9.85 9.55 9.54 9.79 9.74 8.5 10.54 11.04 13.70 8.38 8.22 8.66 9.14 10.10 10.87 10.22 5.94 6.66 8.73 11.95 10.20 9.80 9.72
							1				

TABLE XII.

### SHEWING THE FORMS OF INSANITY IN THE PATIENTS ADMITTED.

	M	F	T
Mania Melancholia Dementia, ordinary ,, senile Congenital (including Idiocy and other) Mental defect from Birth or Infancy.	19 12 2 1 3	19 8 2 3 2	38 20 4 4 5
Total	37	34	71

### TABLE XIII.

### CHARGEABILITY OF PATIENTS ON 31st DECEMBER, 1885.

	М	F	Т
County Union Patients County proper Patients Borough of Nottingham Patients Borough of Newark Patients Out-County Patients Private Patients Do. (Criminal)	126 1 0 6 13 3	140 0 16 5 2 1	266 1 16 11 18 5 4
Total	152	169	321

### TABLE XIV.

### LIST OF NEEDLEWORK, EXCLUSIVE OF REPAIRS.

1	
198 Dresses	20 Valances
224 Shirts	130 Bath Towels
188 Shifts	50 Tea Towels
18 Pairs of Drawers	49 Table Cloths
94 Flannel Petticoats	25 Window Blinds
205 Flannel Vests	25 Knitted Curtains
260 Aprons	11 Antimaccassars
32 Pinafores	28 Cushion Covers
92 Bodices	2 Ottoman Covers
88 Hoods	6 Toilet Covers
28 Day Caps	285 Muslin Curtains
12 Night Shirts	290 Sheets
15 Drabbet Shirts	243 Pillow Cases
6 Men's Slops	162 Pairs Stockings
10 Serge Petticoats	110 Pairs Footed
6 Serge Aprons	53 Shrouds
5 Under Sheets	37 Under Blankets

Mem.—Men's Clothing, Shoes, Bedding and Upholstery are made.

The Baking and Brewing are done on the premises.

### TABLE XV.

### DIETARY.

	MALES.	FEMALES.
BREAKFAST.  EVERY DAY.	Milk Porridge or Coffee, with 4oz, of Butter for 12 Patients 1½ pt Bread	
DINNER. Sunday.	Roast Meat, free from         Bone       6 oz         Bread       4 oz         Vegetables       16 oz         Beer       ½ pt	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
Monday.	Australian Meat        5 oz         Bread        4 oz         Vegetables        16 oz         Beer        ½ pt	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
Tuesday.	Currant or Fruit Pudding 16 oz Beer ½ pt	Rice Pudding        12 oz         Bread        5 oz         Cheese        1 oz         Beer        ½ pt
Wednesday.	Meat, in pie, free from         Bone       5 oz         Pie Crust       10 oz         Potatoes, sliced       12 oz         Beer       ½ pt	
THURSDAY.	Boiled Meat, free from         Bone       6 oz         Bread       4 oz         Vegetables       16 oz         Reer       \frac{1}{2} pt	
FRIDAY.	Irish Stew $1\frac{1}{4}$ ptBread6 ozBeer $\frac{1}{2}$ pt	5 oz
SATURDAY.	Rice Pudding       16 oz         Bread       6 oz         Cheese       1 oz         Beer       ½ pt	ding 16 oz
SUPPER. Every Day.	Bread	Butter for 12 Patients 4 oz Tea 1 pt

The Stew, made of Australian Meat, Potatoes, Vegetables, &c. Beer, 14 Gallons to the Bushel.

A Salad once a week.

Tea or Coffee instead of Milk Porridge on Rice Pudding Days
Regular Workers in the Garden, Laundry, &c. have, at 11 a.m., Bread, 40z.
Cheese, 10z.; Beer, ½ pint; at 4 p.m., Beer, ½ pint.
Seed Cake twice a week in lieu of Bread and Butter.

### THE ANNUAL ACCOUNT FOR 1886,

OF THE

### RECEIPTS AND PAYMENTS

OF THE

### COUNTY LUNATIC ASYLUM,

AT SNENTON, NEAR NOTTINGHAM.

### RECEIPTS. £ d. 8. d. Balance in Treasurer's hands 1228 16 9 111 Clerk's hands 100 12 . . Storekeeper's hands 21 1 9 ,, 1350 11 51 From Sales of Rags ... 2 6 0 Old Stores 2 0 6 ,, 1 0 MAINTENANCE ACCOUNT. From Unions in County contributing to the Asylum at 9/- per week:— Basford ... 2198 16 11 . . 0 0 Bingham 346 6 2 . . Doncaster 0 0 0 • • • • Gainsborough 76 2 9 . . Loughborough 46 18 10 Mansfield 1287 19 2 Newark ... 294 8 . . . . Retford ... 615 9 4 • • . . • • Shardlow 172 18 4 . . . . . . • • Southwell 896 -1 7 • • • • • • . . Worksop 516 15 1 . . • • . . 6451 15 10 From County of Nottingham ... ..23 9 5 From Unions and other places in Counties not contributing at 14/- per week:— Newark Borough Union 505 0 Derby 682 2 0 • • St. Albans 9 18 0 • • . . . . Midhurst 1 12 0 . . 5 0 Kettering 0 1203 14 0

9033 11

81

Carried Forward

y Treasure, Private, Parliam  atterest on Bank Ir  ounty of Nut-County reasurer of the Bank Ir  reasurer of the Bank Ir  county of the Ba	Patients entary  MIS Investmenterest of Nottingly Union f Nottin	Vote SCEI nent on Ba on £4 ham I	LLANEO of £150 calances 000 Depo Funeral	rougn DUS. Legate osit Expen	ees ses ylum	n at	12/-	· per w	**************************************	8, 1 6, 16 0, 10 10	73 0 0 d. 6 0 6 0
	Tor	TAL Y	EAR'S R	ECEIPI	rs.	• •					$10011 \ 18 \ 9\frac{1}{2}$
leorge 1. Hey	H. F Iman	illi n,	ngha	$m_j$					ter		Rogers, Accountant.
			P	AY	MEI	VT	S.				
	SALA Officers	ARIE	S ANI		AGES. 894 98	4 <b>0</b> 3 12 2 10		£		d. 0	£ s. d. 0 0 0
								1127	7 11	$10\frac{1}{2}$	· 2157 11 10 <del>1</del>
leat lilk utter heese	PROV	VISI	ONS. 	• •	366	4 19 6 8 1 18	0 5 3		5		
lour leal ice otatoes	• •	• •	• •	• •	552 39 106	0 0 12	0 0 0 0	713	5	8	
agar ea offee reacle	•••	• •	••	• •	119 167 97	7 5 7 10	11 0 0 3	697 386	0	2	
			Carried	forwa	rd			3141		10	$\frac{2157 \ 11 \ 10\frac{1}{2}}{}$

Brought forward £ s. d. £ s. d. 3141 5 10	
Malt	$2157 \ 11 \ 10\frac{1}{2}$
Hops 36 10 4	
Brewer's Wages 42 0 0	
Beer Duty 145 0 10	
FARM AND GARDEN EXPENSES.  450 14 2	
Pigs 89 2 0	
Implements	
Labour 72 16 0	
Seeds 23 1 6 Manure 6 0 0	
Dia Tara Contra	
Fig Food Grinding 13 17 $5\frac{1}{2}$	
212 14 4½	
OTHER TIEMS	
10 10 0	
Raisins	
Tobacco	
Provision Sundries $\frac{17}{47}$ $\frac{17}{14}$ $\frac{17}{9}$	
***************************************	
$96 \ 17 \ 5\frac{1}{2}$	
	2001 11 10
Wine and Spirits	3901 11 10
Port	
NECESSARIES.	40 7 0
Was J	
,, wood	
354 14 0	
Lighting—Gas 126 6 2	
,, Candles	
Washing—Soap 116 8 8	
,, Soda 7 1 6	
,, Starch 8 13 8	
,, Water 77 7 3	
,, Laundry Wages 49 3 0	
258 14 1	
Other Items—Sweep 5 10 0	
,, Oil 20 13 6	
,, Sundries 24 19 3½	
$51   2   9\frac{1}{2}$	
	703 17 51
SURGERY AND DISPENSARY	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
Carried forward	6952 9 2

Brought forward 6952 9 5 CLOTHING.  Bonnets 2 5 0 Handkerchiefs 2 11 6	2
Bonnets 2 5 0	
ES CALABO CO. V V V V V V V V V V V V V V V V V V V	
Handzarchieff 7 II D	
A.L. WILLIAM CO. T. C.	
The large Wagner	
Shoemaker's ditto	
Clothing Materials	
Shoes and ditto 86 10 0	
$441   5   11\frac{1}{2}$	
Attendants—Male 61 13 5	
,, Female 50 6 1	
111 19 6	
	51
FURNITURE AND BEDDING.	_
Beds 6 14 0	
Blankets 27 10 0	
Carpets 74 9 0	
Chairs 0 0 0	
Curtains	
Crockery	
Counterpanes	
Culinery	
Sheeting	
Table Lines 21 9 9	
The malling of the state of the	
C	
Sundries	
422 8	7
FUNERAL EXPENSES, &c.	
Bearers 8 10 0	
Burial Fees 6 7 6	
Coffin Materials 12 17 7	
Removals and on Trial 10 16 8	
Recapture	
Return Payment for Private Patient 4 8 0	
40.0	_
	9
By Transfer to Building and Repairs Fund Account:	
,, Excess of Weekly Charge of Out-County Patients for 1886	1
· · · · · · · · · · · · · · · · · · ·	
OTHER PAYMENTS.	
Advertising, Printing, Books, Stationery, &c 105 9 9½	
Amusements 29 13 9	
Bank Commission 10 19 0	
146  2	$6\frac{1}{2}$
Carried forward 8576 18	7

Bai	;; Clerk's hands :	8576	18	7
	_		0	
	] ( B) 2000	0011	18	$9\frac{1}{2}$
A. Ge	Heymann, Charles Recorded H. Fillingham, Auditors.  Chartered According January 26, 1887.			t.
CLO	AVERAGE WEEKLY COST OF MAINTENANCE, MEDIOTHING, AND CARE OF PATIENTS, DURING THE Y	CIN EAF	E,	86.
	Provisions		d.	
	Clothing	_	$\frac{3\frac{5}{8}}{7\frac{3}{4}}$	
	Salaries and Wages  Necessaries (e.g.) Fuel Tight W. 1:	_	_	
	1.9.) I del, Light. Washing Xo	_	$11\frac{1}{4}$	
	Surgery and Dispensary Wines, Spirits, and Porter	0	$0\frac{7}{8}$	
	Charged to Maintenance Account:—	0	$0\frac{5}{8}$	
(	Garden and Farm	0	6	
	Miscellaneous, viz., Bank Commission, Stationery & Amusements	0	$2\frac{7}{8}$	
		···	2	
I	Less Monies received for Articles, Goods, and Produce (exclusive of those consumed in the Asylum	9	5	
	of those consumed in the Asylum (exclusive)	0	0	
V	Voolala Chanas (a. T)	9	<u>-</u> 5	
	Veekly Charge for Paupers to which the Asylum belongs, 9s. 0d. for 1886. 8s. 6d. for 1887. ,, from other Counties and Boroughs, 12s. and 14s. aily average Number of Patients Resident—Males	161	1	
	,, ,, Females	168		
	Total	329	-	

### FABRIC ACCOUNT, 1886.

PAYMENTS.	SULLDING AND REPAIRS.  nith	Commission	Mason       18 9 0         Timber       44 18 8         Whitewasher       70 0 0         Sundries       32 0 11	10	9	Balance in Treasurers's hands 959 8 8	1822 18 2	Examined and found correct, January 26, 1887.  Charles Hogers,  Chartered Accountant.
	£ s. d. 816 2 4 528 16 5	18 9 4 459 10 1					1822 18 2	Examir
RECEIPTS.	To Balance in Treasurer's hand  From County Treasurer:—  For Ordinary Repairs  To other Repairs:—  To Borough Treasurer for Quota of Annuity 8 13 4  ', Bank Interest 9 16 0	To Transfer from Maintenance Account:— For Excess of Weekly Charge on Out-County  Patients for						A. Heymann, Seorge H. Fillingham, Seorge

s. d.   CR.   CR.	DR.	יופיונוצ
LINDIACIDE CIDICINI.		

## S. d. By Unions contributing to the Asylum:—    For maintenance of Patients up to 31st Dec., 1886   1616 14 10	East for year $13  ext{ 5 } 7$ $8978  ext{ 3 } 1\frac{1}{2}$ $8991  ext{ 8 } 8\frac{1}{2}$	Examined and found correct, January 26, 1887.  Charles Hogers, Charles Chartered Accountant.
Balance due to Treasurer Assets, 1st January, 1886 8 Balance 8	, ·	A. Heymann, Seorge H. Fillingham, Seorge

# THE CHARITABLE FUND FOR CONVALESCENT PATIENTS.

## SNENTON MIDDLETON FUND CASH ACCOUNT.

To 31sr DECEMBER, 1886.

	9	0	0	0		0	
	£ s. d.	0	0	11 12 0		12	
	48	9	100	11		£117 12 0	
PAYMENTS.	1886.	By Payment to 7 County Patients on their discharge 6 0 0	", Wright (Messrs I. & I.C.) on Deposit 100 0 0	", Balance in Bank	tuand	£1	
		-			 		
	rj.	0	9	9		0	
	S. G.	13 0	9 6	9 6		12 0	
	£ s. d.	100 13 0	9 6 8	9 6 8		117 12 0	
	€ ક. વ.	100 13 0	9 6 8	9 6 8		£117 12 0	
	€ 8. G.	100 13 0	9 6 8	9 6 8		£117 12 0	
		100 13 0	•	9 6 8		£117 12 0	
TS.		100 13 0	•	6 8		£117 12 0	
EIPTS.		•	•	do 8 9 6		£117 12 0	
RECEIPTS.		•	•	6 8		£117 12 0	
RECEIPTS.		•	•	do 8 9		£117 12 0	
RECEIPTS.		•	•	do 8 9		£117 12 0	
RECEIPTS.		•	•	do 8 9		£117 12 0	
RECEIPTS.		•	7.— ,, Dividend on £584 12 4 8 9 6	6 8		£117 12 0	
RECEIPTS.		•	7.— ,. Dividend on £584 12 4	do 8 9		£117 12 0	
RECEIPTS.		January 1.—To Balance at Bank 100 13 0	•	do 8 9		£117 12 0	

L. Heymann, Seorge H. Fillingham,

AUDITORS.

### Arches.    Contrag.   E.   S.   G.	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	sions, viz:— there and comprised the not complete the not comply the not complete th
	The Fark and Garden   Early of And occupied thereword in the beginning of the year   State   State	Contrad.   E   S   G   G

G. Rogers,

Samuel Bunting,
Clerk to the Asylum.

Chartered Accountant.

George H. Fillingham,

